



Grand Hotel®

MACKINAC ISLAND
MICHIGAN 49757





Mess Call at Mackinac

Soldiers at Fort Mackinac in the late nineteenth century enjoyed three square meals a day. Their diet included a combination of army issued supplies and locally grown and purchased food.

The daily army ration included beef, bacon and bread along with beans, sugar, salt and coffee. Soldiers supplemented this bland army diet with a tasty variety of vegetables from the post garden. Located in front of the Fort (Marquette Park) the soldiers' garden usually produced a bountiful crop of vegetables including potatoes, beans, onions, corn, lettuce, cucumbers, carrots, peas, squash and rutabagas. Soldiers also purchased extra food with money from the Company Fund to add variety to their daily meals.

With fresh vegetables from the garden and a steady cash flow to purchase extra food, soldiers at Fort Mackinac generally ate well. Breakfast and supper were light meals, but the soldiers ate very well at the mid-day dinner. When the men of Company "E" 22nd Infantry sat down for dinner on October 16, 1874 they enjoyed a hearty meal of roast beef, gravy, bread and vegetable soup with beans, peas, cabbage and carrots. By the early 1890s the soldiers' menu also included such dinnertime treats as corn starch pudding, macaroni and cheese and stewed prunes. Post surgeons proudly reported that the food was healthy, the kitchens clean and the cooking satisfactory.

Soups

Homemade Chicken and Dumpling Soup	Cup 6.00	Bowl 8.00
White Chicken Chili Bread Bowl		
White Beans, Roasted Green Chilis, Onions and Garlic		10.00

Salads

Baby Spinach Salad		
Cherry Tomatoes, Croutons, Bermuda Onions, Hardboiled Egg, Creamy Pecorino-Romano Dressing		11.00
Greek Salad		
Mixed Greens, Calamata Olives, Tomatoes, Cucumbers, Peppercini, Green Onions, Herb Vinaigrette		12.00
Caesar Salad		11.00

Entrées

Grilled Chicken and Avocado Club		
Tarragon Mayo, Bacon, Lettuce, Tomatoes and Swiss Cheese		12.00
Sloppy Joe Sliders		
Potato Salad		10.00
All Beef Hot Dog		
With Red Onions and Cheddar Cheese		8.00
Special Sandwich of the Day		9.50
Half Sandwich and Soup of the Day		11.00
Individual Cheese Pizza		8.00
Italian Sausage, Mushrooms, Onions, Peppers or Pepperoni	Per item	.75

Sweets

Muffin or Danish	3.00
Grand Pecan Ball, Fudge Sauce	8.00
Sweet of the Day	7.00

Beverages

Coffee, Tea, Milk, Soda Pop	3.00
Beer, Domestic	5.00
Wine by the Glass	10.00

Menu Price Includes All Gratuities. Meal and Beverage Prices Do Not Include Michigan Sales Tax.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.